

MEDIACIÓ LINGÜÍSTICA (ML)

TASK 1. MEDIATION

Your friend Tom has received a guitar as a birthday present but isn't interested in music. You recently attended a workshop on the benefits of learning to play the guitar and believe Tom should give it a try.

Based on the insights from the workshop, write an **email** to Tom explaining the benefits of learning to play the guitar and encouraging him to give it a try. (75 words approx.)

THE POWER OF PLAYING

Learning to play an instrument



Reduces stress

Encourages social connections

Inspires creativity

Improves your memory

TASK 1 — Model Answer



**THE
POWER OF PLAYING**

Learning to play an instrument



- Reduces stress
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Hi Tom,

I heard you got a guitar for your birthday, although you're not really interested in music. I recently went to a workshop about learning instruments, and it really changed my perspective.

Playing the guitar can reduce stress and improve your memory. It's also a great way to be creative and meet new people who share your interests.

You should give it a try! The benefits are totally worth it.

Let me know how it goes!

Take care,

John