

Here's a simple, playful **English conversation** designed for children ages 3–5 to help them learn about feelings. It uses short sentences, repetition, and clear examples so they can recognize and express emotions:

Conversation: Learning Feelings 😊

Teacher: Hello, friends! Let's sit down and listen. How are you today?

Teacher: Let's talk about feelings. Can you say "feelings"?

Teacher: Sometimes we feel **happy**. **(smiles big)**

Teacher: When I am happy, I smile. Can you smile?

Teacher: Sometimes we feel **sad**. **(pretends to cry)**

Teacher: When I am sad, I cry. Can you make a sad face?

Teacher: Sometimes we feel **angry**. **(makes a little angry face)**

Teacher: When I am angry, I frown. Can you show me an angry face?

Teacher: Sometimes we feel **scared**. **(pretends to hide)**

Teacher: When I am scared, I hold my teddy. Can you hug yourself?

Teacher: And sometimes we feel **excited!** **(jumps a little)**

Teacher: When I am excited, I clap my hands. Can you clap?

Teacher: Feelings are okay. Happy, sad, angry, scared, excited.

Teacher: Can you tell me how you feel right now?

Teacher: Great job! Remember, we can always say: "I feel happy," "I feel sad," "I feel angry," "I feel scared," or "I feel excited."

✧ This conversation works well with **gestures, facial expressions, and props** (like a teddy bear or smiley cards). Children learn best when they can **act out the feelings** while saying the words.

Puedes imprimir plantillas en blanco y dejar que los niños las colorean, así participan activamente y aprenden mejor.

Video / Story to express intensity of emotions, with picture flashcards and words underneath.

DIY Flashcards for Feelings

- **Happy** 😊
 - Dibuja una cara sonriente.
 - Escribe la palabra **HAPPY** en letras grandes.
 - Usa colores brillantes como amarillo.
- **Sad** 😞
 - Dibuja una cara con lágrimas.
 - Escribe **SAD**.
 - Usa azul o gris.
- **Angry** 😡
 - Dibuja una cara con cejas fruncidas.
 - Escribe **ANGRY**.
 - Usa rojo.
- **Scared** 😨
 - Dibuja una cara con ojos grandes y manos cerca de la cara.
 - Escribe **SCARED**.
 - Usa morado o negro.
- **Excited**
 - Dibuja una cara con manos aplaudiendo.
 - Escribe **EXCITED**.
 - Usa naranja o verde.

