

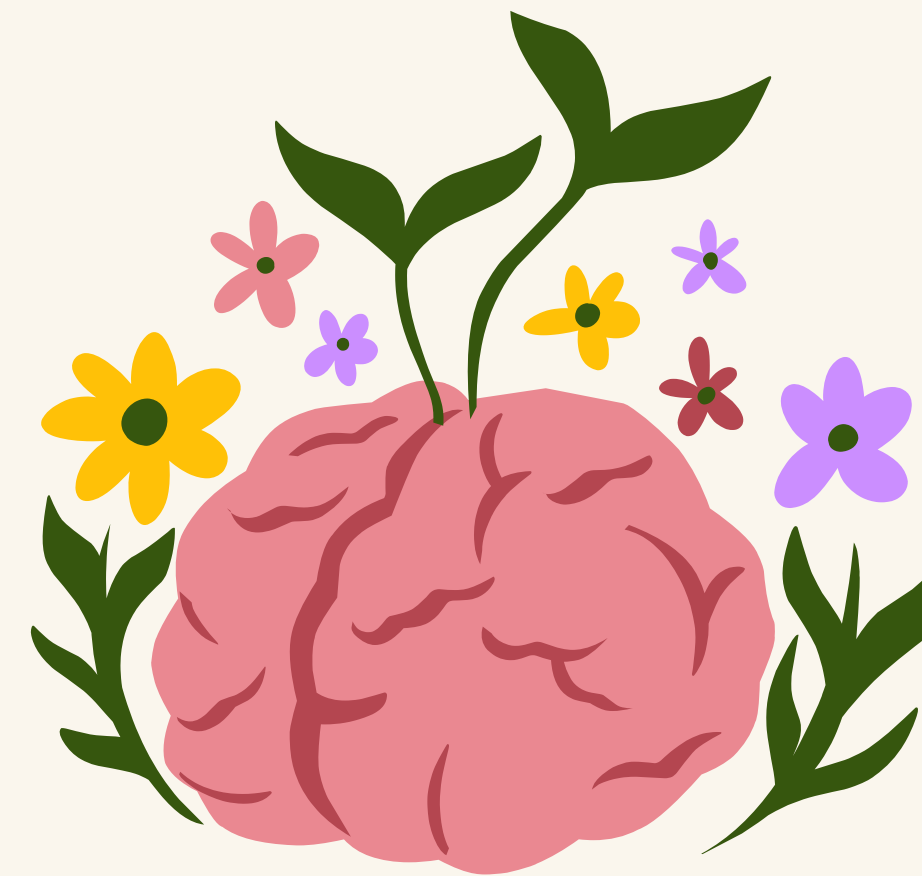


# PROJECT TERM 1

LET'S BE HEALTH  
INFLUENCERS

You have to become real influencers on giving health tips:

- PHYSICAL HEALTH
- MENTAL HEALTH





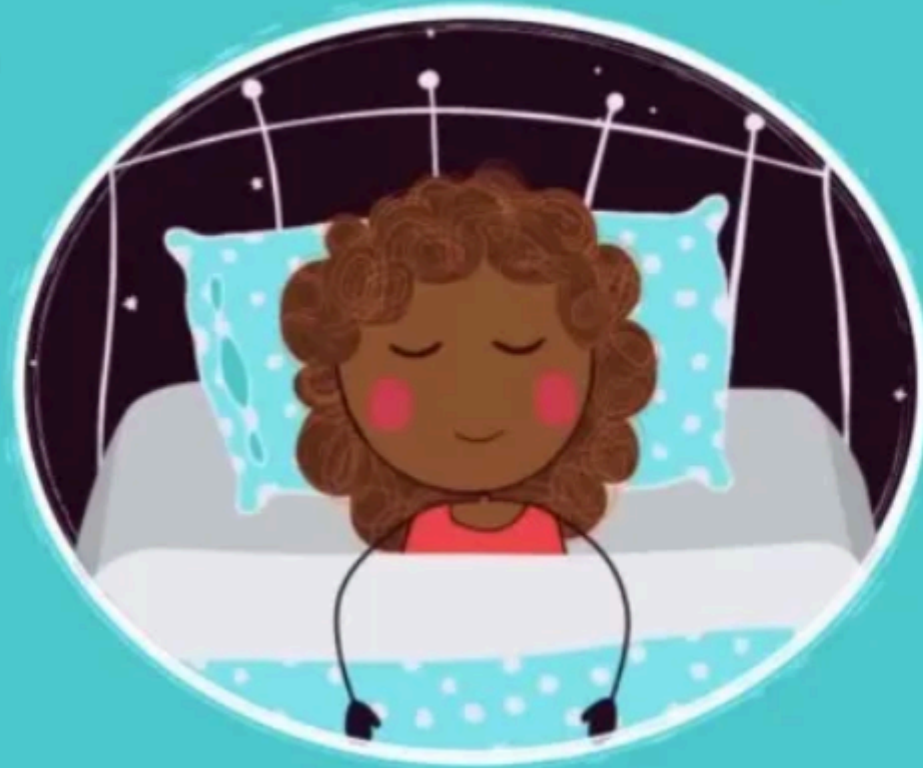
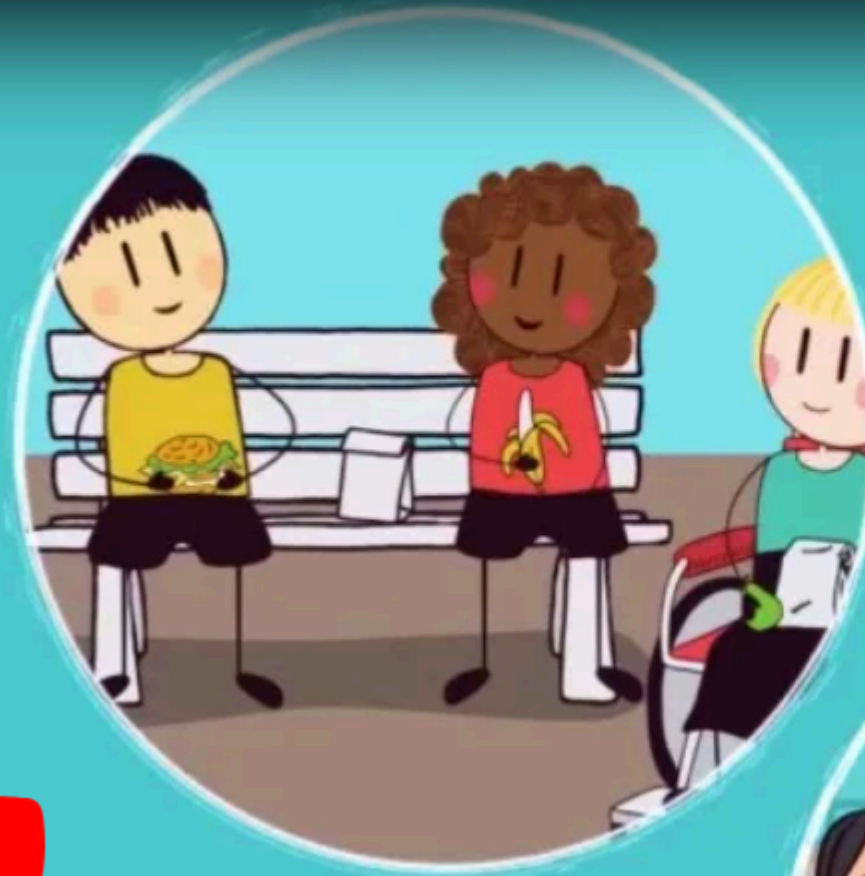
Wellbeing for Children: Healthy Habits



Copy link



# HOW TO BE HEALTHY



Watch on  YouTube



5 Tips To Staying Mentally Healthy



Share



5

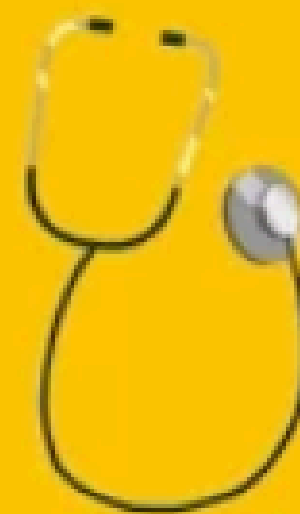
Tips



TO STAYING

MENTALLY

HEALTHY



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5 Ways to help someone struggling with their mental health | Mental Health Seas...



Love  
you,  
man



Watch on  YouTube



5 TIPS TO STAY MENTALLY HEALTHY

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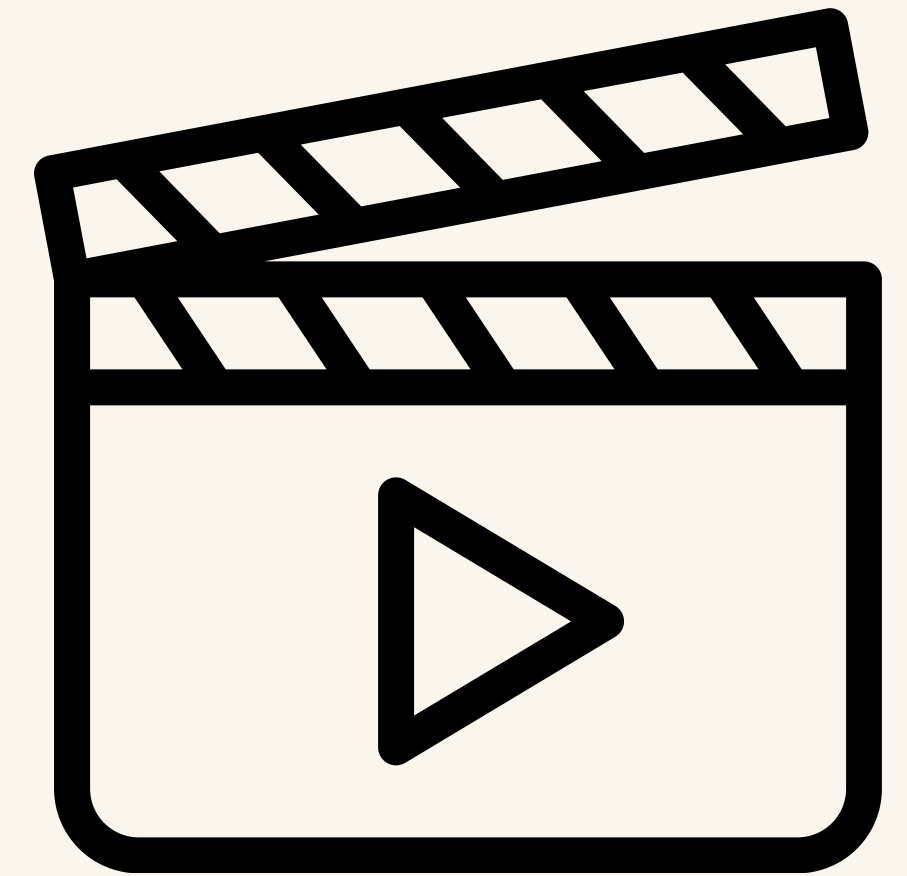


5 TIPS TO STAY MENTALLY  
HEALTHY  
try these tips

Watch on  YouTube

# REQUIREMENTS

- It has to be a video.
- It can be individual or in pairs.
- Time: 2-4 min (individual); 3-5 (in pairs)
- You **HAVE** to edit the video
- Be original!
- You have to talk about both physical and mental health.
- You have to give **TIPS** !
- Remember to present yourself and finish in a proper way.
- You have to use the vocabulary learnt in LS 2
- You have to use **MODALS** to give advice.
- Be careful with **ACCURACY**
- **IMPORTANT** : Fluency & Pronunciation.





- Task fulfilment- video (production, edition, originality ...)
- Content (tips- physical and mental health)
- Grammar (use of grammar tenses; use of MODALS)
- Vocabulary (vocabulary from LS2)
- Fluency (no hesitation, no reading, good pace)
- Pronunciation



<b>Descriptor</b>	<b>2</b>	<b>1.5</b>	<b>1</b>	<b>0.5</b>	<b>0</b>
<b>Task Fulfilment (2)</b>					
<b>Content (2)</b>					
<b>Grammar (1)</b>					
<b>Vocabulary (1)</b>					
<b>Fluency (2)</b>					
<b>Pronunciation (2)</b>					